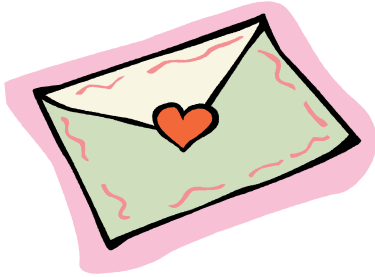


# The Kentucky Laboratory Sentinel

February 2005



## Packaging and Shipping

We are still working on a chart for packaging and shipping. If you are using IATA regulations for shipping diagnostic specimens, then you will need to add the UN 3373 sticker to the outside packaging.

Please be patient with us as we try to get the most accurate information.

Comments or suggestions for future communications, please email  
[leighann.bates@ky.gov](mailto:leighann.bates@ky.gov)

## Welcome Mandi Patterson !

Join me in welcoming Mandi Patterson to the Bioterrorism section. Mandi has replaced Robin Cotten in the Bioterrorism Lab. Many of you already know Mandi from the Bacty lab where she performs the Salmonella typing. We know Mandi will be a great asset to us in her new position. Mandi can be reached at 502-564-4446 ext. 4459.

\*Robin has moved to a Health Program Administrator position and will be overseeing Lab Epidemiology. She will still be available to answer any questions our Sentinel Labs may have.



April 24-30, 2005

National Medical Laboratory Week is only a couple months away. If anyone would like to submit lab week ideas for the March newsletter, please contact me.

## February is American Heart Month!!!

Although heart disease is often associated with men, it is the leading cause of death for American women: Nearly 500,000 American women die from cardiovascular disease each year. The National Heart, Lung, and Blood Institute, part of the National Institutes of Health at the Department of Health and Human Services and other national organizations, have launched a national campaign called "The Heart Truth" to educate women about heart disease and to encourage them to make their health a priority. The symbol of "The Heart Truth" campaign is the red dress, which reminds



women to talk with their doctors about heart disease and to make healthy choices. In addition, the American Heart Association has launched the "Go Red For Women" campaign to reach out to more women across our country. By continuing to raise public awareness about this deadly disease, we can help all our citizens lead healthier lives.

Showing support for their hearts and yours....  
Faye, Hope, Robin, Brenda, Megan, and Linda.

\*Article excerpted from [whitehouse.gov](http://whitehouse.gov)